

1 1. A method of treating a sebaceous follicle disorder in a preselected region of  
2 mammalian skin, the preselected region having at least one lesion characteristic of the  
3 disorder disposed therein, the method comprising the steps of:  
4 (a) cooling an exposed surface of the preselected region; and  
5 (b) applying energy to the preselected region in an amount sufficient to ameliorate  
6 the lesion.

1      3.      The method of claim 1 wherein in step (b) the energy is provided by laser light.

1        5.        The method of claim 4, wherein the wavelength is in the range from about 1.2 to  
2        about 1.7 microns.

1 7. The method of claim 6, wherein the wavelength is about 1.5 microns.

1        9.        The method of claim 7, wherein the fluence is in the range from about 10 to about  
2        150 joules per square centimeter.

1     10.     The method of claim 1, wherein the laser light comprises a power density in the  
2     range from about 1 to about 10,000 watts per square centimeter.

6 wavelength in the range from about 0.6 microns to about 1.8 microns to  
7 ameliorate the lesion.

1     32.     The method of claim 20, wherein applying energy in step (b) reduces the size of a  
2     lesion disposed within the preselected region.

